

Spring Arbor Assisted Living
& Willows Alzheimer's Center

The Spring Arbor Messenger

NOVEMBER 2022



HARVEST TIME

REGULARLY SCHEDULED ACTIVITIES

Exercise & Happy Hour

Monday through Friday from 10:00 a.m.
until 11:00 a.m.

Held in the Activity Room

Manicures in the Activity Room

Enjoy yourself and get pampered every other

Wednesday.



BINGO

EVERY TUESDAY AT 2:00 p.m. IN THE
ACTIVITY ROOM.

B	I	N	G	O
14	20	32	52	71
10	27	42	55	64
7	23	FREE	58	69
11	28	34	56	72
15	25	33	53	66



GROCERY SHOPPING IS
OFFERED EVERY OTHER
THURSDAY

LISTS ARE DUE TO ADRYAN BY
WEDNESDAY .



***Activities are subject to
change.

November Resident Of The Month

Valda Shelar

Our amazing featured November resident of the month
is Valda Irene Shelar.

Valda was born in Gladwin, Michigan. Valda has 5
brothers and 3 sisters. Valda moved to Spring Arbor
when she in college. Valda said Spring Arbor was so
small then the population was only about 200 and Spring
Arbor wasn't a university yet either. Valda met the love
of her life Arthur.

They had four kids two boys and two girls. Arthur
and Valda decided to start their own business
Shelar Sanitation a septic pumping and hauling li-
censed company. The company started in the 1950's
and is still going strong today. Valda managed the
whole business kept everything afloat answering
phones, booking appt's, managing the books.

As well as keeping up with their house and raising
her four children Valda loved to go to their cabin
in Clair, Michigan in the summer's and enjoy the
outdoor trails with 4-wheeling. Valda loved to travel
and was very adventurous Valda has visited
Scotland, Israel, London, Australia and Hawaii.

Going for boat rides and living in the fast lane curs-
ing Lime Lake on her son's Jet ski as well.

Her love for her 5 grandchildren and 9 great grand
children is also just another reminder of how
amazing Valda is!



FALL WORD SCRAMBLE

LPIRMIG	THSAEVR	EPI
YAM REFWOL	YFMIA	ERLATUG
TGRITEDUA	KTURYE	URCHHC

Be thankful

IN LOVING MEMORY



Pauline Cyphers
8/31/1932 - 10/23/2022



Lillian Laughlin (Archie)
12/9/1927 - 10/19/2022



Allie Mae Henning
02/4/1931 - 09/30/2022

Monthly Birthdays

November Resident Birthdays

- Eleanor Trowbridge - 4th
- Marjorie Prater - 6th
- Claire Bahen - 10th
- Walt Winchell - 18th
- Julia Settles - 19th

November Employee Birthdays

- Joni Hopcraft - 1st
- Mindy Stosick- 2nd
- Nikki Vaughn - 5th

Spring Arbor Assisted Living & Willows Alzheimer's Center

"You've trusted us for over 50 years, and we're still caring!"

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Paul Buchholz, President / CFO

Catina Lowe, Administrator

Jennifer Caudill, Director Of Nursing

Adryan Porter, Building Manager

Brittney Mick, Dietary Manager

NOVEMBER EMPLOYEE OF THE MONTH

MARISSA WAGNER

Marissa Wagner is the November 2022 Employee of the Month.

Marissa is a senior in high school. She plans on furthering her education to become a nurse. Marissa goes above and beyond in her work and is always willing to step in when needed. She enjoys shopping, tanning, and going to the gym. She loves being an Aunt to her nieces and nephews.



November 2022 Employee of the Month

Marissa Wagner

NOVEMBER HAPPENINGS

3rd - Lunch Bunch

11th - Patriotic Music with Steve

16th- Country Music With Tom

18th - Gentlemen's Club

Every Tuesday is Fresh Popcorn

Every Wednesday is Ice-cream Social



DINING ROOM HOURS HAVE CHANGED!

Breakfast - 8:15 - 9:15 AM

Lunch - 12:10 PM - 1:10 PM

Dinner - 5:10 PM - 6:10 PM

Fall Festival

Thank you to all of our family members who supported an amazing event. As well as our staff who volunteered

