


# 2023

HAPPY NEW YEAR

# JANUARY 2023

Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7
9:30 JACKSON FM 10:30 SPRING ARBOR FM 4:00 VESPER	9:30 EXERCISE 10:30 BINGO 1:15 CORNHOLE 3:00 MANICURES	9:30 CHAIR YOGA 11:15 NEW YEAR HANGMAN 1:15 Wii BOWLING  <b>GRETCHEN'S BIRTHDAY</b> <b>CHITA'S BIRTHDAY</b>	9:30 EXERCISE <b>SALON</b> 10:30 BINGO 1:30 SNOWFLAKE CRAFT 3:00 KNIT & CROCHET CLUB 7:00 MUSIC WITH AUDREY	9:30 COFFEE WITH FRIENDS 10:00 EXERCISE 11:15 RING TOSS <b>1:15 ERRAND RUN</b>	9:30 CARDIO DRUMMING 11:15 DICE GAME 1:15 MOVIE AND POPCORN <b>3:30 MUSIC BY MARTY NOSS</b> 	9:30 EXERCISE 10:15 Wii BOWLING 7:00 NIGHT BINGO
8	9	10	11	12	13	14
9:30 JACKSON FM 10:30 SPRING ARBOR FM 4:00 VESPER	9:30 EXERCISE 10:30 BINGO <b>1:15 TARGET RUN (SIGN UP SHEET)</b> 3:00 MANICURES	9:30 CHAIR YOGA 11:15 ELVIS WHAT???? 1:15 Wii BOWLING 3:00 SCRABBLE	9:30 EXERCISE <b>SALON</b> 10:30 BINGO 2:00 ANIMAL SHELTER 3:00 HOT COCOA BAR 7:00 MUSIC WITH AUDREY	9:30 COFFEE WITH FRIENDS 10:00 EXERCISE 11:15 ELVIS FACT OR FICTION <b>1:15 ERRAND RUN</b>	9:30 CARDIO DRUMMING 11:15 ELVIS HANGMAN 1:15 CRAFT 3:00 MOVIE AND POPCORN 	9:30 EXERCISE 10:00 BIBLE STUDY WITH SARAH HARMON 10:15 Wii BOWLING 7:00 NIGHT BINGO
15	16	17	18	19	20	21
9:30 JACKSON FM 10:30 SPRING ARBOR FM 4:00 VESPER	9:30 EXERCISE 10:30 BINGO 1:15 CORNHOLE 3:00 MANICURES 	9:30 CHAIR YOGA 11:15 PRICE IS RIGHT 1:15 Wii BOWLING 3:00 CARD GAMES	9:30 EXERCISE <b>SALON</b> 10:30 BINGO <b>1:15 MUSIC BY TOM EMBURY</b> 3:00 SMILE GAME 7:00 MUSIC WITH AUDREY	9:30 COFFEE WITH FRIENDS 10:00 EXERCISE 11:15 POPCORN WHAT?? <b>1:15 ERRAND RUN</b>	9:30 CARDIO DRUMMING 11:15 FINISH THE SENTENCE 1:15 EUCHRE TOURNAMENT 3:00 MOVIE AND POPCORN 	9:30 EXERCISE 10:15 Wii BOWLING 7:00 NIGHT BINGO
22	23	24	25	26	27	28
9:30 JACKSON FM 10:30 SPRING ARBOR FM 4:00 VESPER	9:30 EXERCISE 10:30 BINGO <b>1:15 ST. VINCENT DE PAUL (SIGN UP SHEET)</b> 3:00 MANICURES	9:30 CHAIR YOGA 11:15 HANGMAN 1:15 Wii BOWLING 3:00 KNIT & CROCHET CLUB	9:30 EXERCISE <b>SALON</b> 11:15 WORD SCRAMBLE 2:00 BINGO STORE <b>3:30 MUSIC WITH STEVE</b> 7:00 MUSIC WITH AUDREY <b>JANET'S BIRTHDAY</b>	9:30 COFFEE WITH FRIENDS 10:00 EXERCISE 11:15 ALPHABET BALL <b>1:15 ERRAND RUN</b>  <b>CYNTHIA'S BIRTHDAY</b>	9:30 EXERCISE 11:15 JOKES 1:15 BALLOON VOLLEYBALL 3:00 MOVIE AND POPCORN 	9:30 EXERCISE 10:15 Wii BOWLING 7:00 NIGHT BINGO
29	30	31				
9:30 JACKSON FM 10:30 SPRING ARBOR FM 4:00 VESPER	9:30 EXERCISE 10:30 BINGO <b>2:00 BIRTHDAY PARTY</b> 3:00 DICE GAME 	9:30 CHAIR YOGA 11:15 HANGMAN 1:15 Wii BOWLING 3:00 SCRABBLE				