

THE LEGACY VOICE

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Paul Buchholz Jr.

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Got questions? Contact us anytime

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**“YOU’VE TRUSTED US FOR 50 YEARS
AND WE’RE STILL CARING”**



Editor's Desk

Hello Residents, Families and Friends!

I am really looking forward to this month, there is so much to celebrate! Join us at any of our events and programs that celebrate St. Patrick's Day, Easter, and more. It's sure to be a busy month at our community and I hope you'll be part of all the fun!

This month consider harnessing a little luck and trying your hand at a new activity or program. You just might meet a new friend or find a new hobby...

IF you're lucky!

Michelle Schultz



Quote of the Day

When I've least expected it, an enormous opportunity or stroke of luck has crossed right under my nose.

– Julie Andrews

Don't forget to check out our Facebook page.
Legacy Assisted Living Center.

Life in Our Community

Lexi and Kitty

These beauties were all dressed up for Valentines Day.



Stella and Marianne

We had such a nice lunch with Stella. Congratulations for being February's Resident of the Month.

Delivery!!

Valentine's Day candy grams were being delivered throughout the community. What better way to celebrate the day than being warm and comfy eating chocolates.



Joe and Steve

Our very own Joe singing the blues with Steve Berkemeier.

What We've Been Up To



Audrey and Dean during a game of dice bingo.



Great job Judy! She made the frame and card.

Vern being helpful sorting nuts and bolts for me.

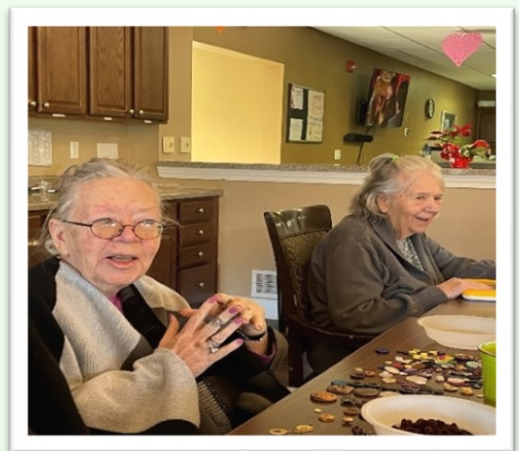


Trudy getting a hand massage on manicure day.

*SAY
CHEESE!*



Terry and Diana finding the perfect button for our craft.



Bea, having a great time during fun exercise.



Legends folks playing "popcorn ball"

Upcoming Events

- **Bingo Auction**
Friday the 1st at 3pm
- **Storyteller**
Thursday 7th and 21st at 3pm
- **Happy Hour**
Friday the 8th at 3pm
- **Baking Pies**
Wednesday the 13th at 3pm
- **Penny Auction**
Thursday the 14th at 3pm
- **St. Pat's Party**
Friday the 15th at 3pm
- **Singer Tom Timlin**
Wednesday the 27th at 2:15pm
- **Detroit Tigers Season Opener celebration- Games, hot dogs, popcorn, and root "beer"**
Thursday the 28th at 3pm

Regular Events

- **Exercise with Therapy- Every Tuesday and Thursday 11am**
- **Bible Study- Every Tuesday 1:30pm**
- **Hairdresser- Every Tuesday**
- **Shopping Day- Every other Thursday**
- **Church Service- Every Saturday 10am**
- **Bingo! Every Monday, Tuesday, Wednesday, and Friday at 9:30am and occasionally @ 3pm**
- **Manicures- Every Thursday at 9:30am**
- **Mass- Every 4th Thursday at 11am**
- **PM Stretch - Exercise with Michelle in the lobby before dinner ~ Every Monday and Friday**
- **Ice Cream Day! – Every Wednesday**



Special Days

- 1st World day of Prayer
- 3rd Caregiver
Appreciation Day
- 17th St. Patrick's Day
- 19th First Day of Spring
(N. Hemisphere)
- 21st World Poetry Day
- 24th Palm Sunday
- 31st Easter

March Birthdays!

- Thomas Perttunen 3-1
- Betty Cascarelli 3-26
- Kenna Roberts 3-28
- JR Clark 3-29

Residents

- Luke Sexton 3-6

- Melissa Beck 3-7

- Frankie Brassfield 3-17

Employees

- Easton Jackson 3-18

- Pamela Foote 3-30



Pisces (Feb 19 – Mar 20)

Pisces are friendly and selfless. They are always willing to help others.

Aries (Mar 21 – Apr 20)

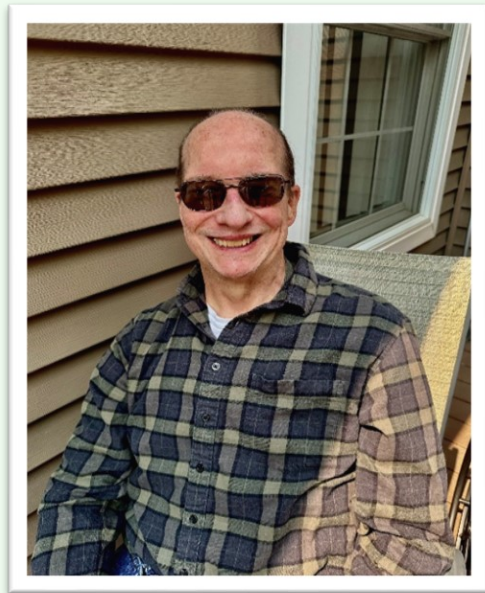
Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

Historical Events in March: The Lindbergh Baby Kidnapping

On March 1, 1932, Charles Lindbergh Jr. was kidnapped from the family mansion in Hopewell, New Jersey. He was 20 months old and the son of aviation hero Charles Lindbergh, who flew the first solo flight across the Atlantic Ocean. The baby was never returned, even after the family paid \$50,000 in ransom.

Resident of the Month March 2024

Paul Thoms



Paul was born in Detroit, Michigan in 1952. He lived there with his family until he was about 9 years old then his father moved the family to Waukegan, IL.

Paul graduated from Waukegan, High School in 1969. The family moved again and settled in Jackson, Michigan.

Paul met Brenda in Jackson and they have been married for 44 years(April 2024). They have 2 daughters and 3 granddaughters.

Since living in Michigan Paul was able to enjoy hunting, camping, and riding motorcycles.

Noticeboard



HAIRDRESSER

We have a hairdresser here every Tuesday. If you would like an appointment please talk to reception or ask a staff member to write your name on the board.

SHARE YOUR TALENTS

Have you always loved to garden?
Perhaps you are an avid scrapbooker?
Share your talents with us by co-hosting an activity. See Michelle for more details!

NEW RESIDENTS

A very warm welcome to:

- Jerry Hargrave
- Edith Large
- Mary Jane Robinson
- Vern Kulenkamp
- Charlene Harris
- Jo Hooper
- Charles Kovick
- Kenneth Vince
- Janet Hagerty
- Delores Branham
- Kenna Roberts
- John Senkewitz
- Jean Satterthwaite

HERE'S TO THE STAFF!

If you have time, think about our staff members that have made you feel special and let Michelle know. They deserve recognition!

We appreciate ALL our staff!

FAMILY EVENT

We love welcoming family members to join us during our activities or special events. Check out our calendar and let Michelle know if you have any questions.

THANK YOU!

I would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we all so very much appreciate your time and energy. I also wanted to say thank you to all that participated in the candy grams for Valentines Day. It was a huge success!

Laughing Matters



Did you know...

Laughing truly is the best medicine? When you laugh, your body releases neuropeptides which protect the body and mind from stress and potentially serious illnesses. So, a few belly laughs each day can boost your immune response and keep you from feeling stressed out! In addition, laughing helps to reduce negative thoughts, boosts overall body functioning, and can contribute to positive mental health. It's always a good time for a silly joke and a chuckle, no matter how cheesy the joke is. Here are a few for you this month!

- **I have a photographic memory. I just keep forgetting to develop it.**
- **I showed my grandson a photo of his great-grandparents. I asked him if I looked like them and he said, "not yet, you don't."**
- **I used to have my ducks all in a row, but now they're all over the place quacking.**
- **Did you hear about the new corduroy pillow? It's making headlines everywhere.**
- **I told my doctor I broke my arm in three places. He said, "You should stop going to those places."**
- **What's blue and not very heavy? Light Blue.**
- **Why did the man fall down the well? Because he didn't see that well.**

Employee of the Month March 2024

Romee Natschke



When I am not at work you can find me at any coffee shop or Panera studying for my MCAT (medical college admission test)! My future goal is to become an Orthopedic Surgeon and specialize in athletics to work with Professional Athletes. I just recently graduated from Albion College with my Bachelors Degree in Psychology and plan to attend Medical School in the Fall of 2025.

Outside of scrubs I enjoy traveling, eating all types of food, and spending time with my family. I love playing sports, specifically soccer, and going on bike rides. Fun fact about me; I have been a goalkeeper since I was 8 years old and lived out my childhood dream of playing at the Collegiate level.

ST. PATRICK'S DAY WORD SEARCH

c	i	r	e	l	a	n	d	s	i	p
j	s	w	e	u	m	a	r	c	h	t
p	f	p	a	c	u	h	s	d	a	r
f	a	o	i	k	a	c	p	s	r	a
a	o	t	u	y	h	e	a	h	t	i
l	e	p	r	r	e	c	h	a	u	n
u	m	a	a	i	t	r	r	m	w	b
i	e	r	r	o	c	e	s	r	x	o
r	r	a	s	d	l	k	p	o	t	w
i	a	d	g	g	o	l	d	c	h	n
s	l	e	a	r	v	l	l	k	t	d
h	d	s	c	h	e	s	a	i	n	t
k	w	e	e	r	r	e	f	r	i	e
h	c	g	o	h	o	l	n	t	f	k

Irish
Emerald
Clover
Lucky'
Ireland

Parade
Leprechaun
Patrick
Gold
Rainbow

Pot
Shamrock
Green
Saint
March

Who is your Legacy Angel?

Each year, Jackson Magazine recognizes individuals in the health care field who go above and beyond the call of duty. To nominate a deserving person please visit their website: www.jacksonmagazine.com They accept nominations year-round; **the deadline for 2024 is May 31, 2024**. Health Care Angels will be announced in the September issue of the magazine.

The categories for nominations:

Resident Aides

Nurses

Dietary

Office Staff

Volunteers

Physical Therapist

Physicians

Activities

Housekeeping

Maintenance

We encourage you to nominate someone that deserves it. The person that has made a difference in your life or your loved one. The person that does more than expected is kind and compassionate. Let's make their efforts known.

Thank you!

