# THE LEGACY VOICE

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#### "YOU'VE TRUSTED US FOR 50 YEARS AND WE'RE STILL CARING"



# Editor's Desk



Hello Residents, Families and Friends! Happy April! Another new month greets us, and this one is full of more sunshine, flowers, and blue skies. There is so much to celebrate, and I hope you'll join us for any of our events this month.

Come to any of our exercise or stretching classes throughout the week as we attempt to kick stress to the curb and celebrate Stress Awareness month. I will provide a place for Quiet Meditation after lunch every Wednesday in the library. There will be soothing music and dim light so you can sit and be stress free. We'll also be featuring plenty of time working in the dirt as we get our flower beds and houseplants ready for the new season. If your houseplant needs some TLC we can re-pot and add new soil to bring it back to life.

I hope to see you at any of our events this month and bring a friend (or family member) along – the more, the merrier!

To keeping things beautiful,

Michelle Schultz

### **Quote of the Day**

The earth laughs in flowers.

– Ralph Waldo Emerson

### **April Trivia**

It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

### What We've Been Up to



**Bonnie and Olivia** This picture melts my heart. She wanted to give Bonnie a kiss.



**Friends** I'm not sure who enjoyed the visit more, Bonnie or Miss Olivia



**Reminiscing** What a great time we had sharing family photos and reminiscing about the past.

**Easter egg hunt!** The kids had so much fun looking for eggs around our community.



## Life in Our Community



Donna with the Easter Dog



Trudy made some new friends. The nicest ladies from Atlas Beauty



Busy filling eggs for our little friends.



St Patty's party 2024



**Our Wii Bowlers** 



Mary getting puppy love



John and Terry, such a cute couple.



Just a few of our dinner crowd.

## **Regular Events**

- Exercise with Therapy- Every Tuesday and Thursday 11am
- Bible Study- Every Tuesday 1:30pm
- Hairdresser- Every Tuesday
- Shopping Day- Every other Thursday
- Church Service- Every Saturday 10am
- **Bingo!** Every Monday, Tuesday, Wednesday, and Friday at 9:30am and occasionally @ 3pm
- Manicures- Every Thursday at 9:30am
- Mass- Every 4th Thursday at 11am
- PM Stretch Exercise with Michelle in the lobby before dinner ~ Every Monday and Friday
- Ice Cream Day! Every Wednesday

### **Upcoming Events**

Dog Visit - Monday the 1st 1:30pm Gardening Club- Thursday the 4th at 1:30pm Bingo Auction - Friday the 5th 2pm Steve Berkemier - Tuesday the 9th 3pm Cooking with Michelle - Thursday the 11th 3pm Men's Club - Birdhouse sanding and painting, snacks provided Friday the 12th 2pm Ukulele music - Wednesday the 17th 2pm Soft Dinner Music- by Bill Hunt(guitar player/singer) Wednesday the 24th 5:15pm National Jellybean Day - guess how many in the jar Monday the 22<sup>nd</sup> all day Happy Hour- Thursday the 25th 2pm

## April Birthdays

In April, we celebrate birthdays with:

- Nelson Vance 4-2
- Mary Smith 4-6
- Barbara Eidt 4-11
- Mya Paris 4-28
- Lea Roberts 4-28



#### Aries (Mar 21 – Apr 20)

Aries are passionate, motivated, and confident leaders. They are bundles of energy & enthusiasm.

**Taurus (Apr 21 – May 20)** 

Taurus are practical and well-grounded. They surround themselves with love & beauty.

#### April 15, 1912: The Titanic Sinks

Dubbed an unsinkable ship, the *Titanic* sank on this day in 1912. The luxury passenger liner was en route to New York City from Southampton, Hampshire, England. It only took the giant ship 2 hours and 40 minutes to sink, killing more than 1,500 people.

### ~A Few Silly Limericks ~

There once was a lady named Ferris, Whom nothing could ever embarrass. 'til the bath salts one day, In the tub where she lay, Turned out to be Plaster of Paris.

An elderly man called Keith, Mislaid his set of false teeth, They'd been laid on a chair, He'd forgot they were there, Sat down and was bitten beneath!

An oyster from Kalamazoo Confessed he was feeling quite blue. For he said, "As a rule, When the weather turns cool, I invariably get in a stew."

A wonderful bird is the pelican His bill holds more than his belican, He can take in his beak Enough food for a week But I'm damned if I see how the helican.

(Authors Unknown)

### Noticeboard



#### **NEW RESIDENTS**

A very warm welcome to:

**Betty Daughtery** 

Sandra Mason

#### BOOK SWAP Attention Residents, family, friends, and staff.

We all have books on our shelves that we've already read and now they're collecting dust. How about you swap it out with another book? Bring your book to the Activity Room any time this month and take another book you'd like to read. Any books that are left over will be donated to Jackson Library.



#### **CONTINUOUS IMPROVEMENT**

Residents, families and friends, there are several avenues available for you to express your views, suggestions, and concerns.

There are feedback forms available in the Activity Room. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

#### THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.

**Shopping day** is every other Thursday. This month the dates are April 4<sup>th</sup> and 18<sup>th</sup>. Please have your lists to me by the Wednesday before so I can have them ordered as early as possible on Thursday morning. Thank you ~Michelle

## Noticeboard

#### LIBRARY SERVICE

We have access to the Jackson County library. If you're curious about audio books or have a favorite author in mind, please talk to Michelle in Activities to find what you're looking for.

#### HAIRDRESSER

We have a hairdressser who is here every Tuesday. If you would like an appointment please talk to reception or ask a staff member to write your name down on the board.

We are always looking for donations of newer magazines. Please drop them off in the activity room.

#### EARTH DAY

We're celebrating Earth Day and Arbor Day by planting a tree at our community. If you have any knowledge about trees please feel free to share it with us.



#### GARDENING CLUB

It takes a village to make gardens grow. This year lets come together to start a Gardening Club. I would love to have our courtyards filled with beautiful flowers as well as tasty vegetables.

The Gardening Club will help with garden planning as well as the tasks of gardening, potting, and harvesting.

Residents and family members are welcome to take part. Green thumbs aren't required, just a desire to help our community look (and smell) beautiful.

Watch for more information about this as our weather gets warmer.

#### Gardening Wives Tales How many of these have you heard?

- Plants grow better if you talk to them.
- Menthol rub repels insects on hummingbird feeders.
- Bury banana peels in your garden to bring your roses and ferns more potassium.
- Give your scarecrow a hat in the hot summer to secure a good harvest in the fall.
- Plant potatoes on Good Friday.

### Laughing Matters



*Earth Day Jokes*! How many of these can get you to laugh (or groan)?

Why don't ants get sick? Because they have little ant-bodies.

Why did the cloud go to the doctor? Because it was feeling under the weather.

What do clouds wear under their coats? *Thunderwear!* 

What did the recycling bin say to the trash can? "You're garbage...but I love you anyway!"

Did you hear about the tornado that married a cloud? *The wedding was a whirlwind!* 

What do you call a snowman in the summer? *A puddle.* 

How do trees access the internet? *They log on, of course.* 

Why did the tree go to the dentist? *To get a root canal.* 

What do you call it when worms take over the world? *Global worming!* 

# Resident of the Month April 2024 Joan Day

Joan was born on January 31, 1940, in Clinton, MI. the oldest of 4 girls. After she graduated from high school she moved to Jackson and met her future husband of 58 years, Mac Day.



They expanded their family of two with the addition of a son and two daughters. After many years of a close-knit family of five, they welcomed to the family many amazing grandchildren; 7 granddaughters, 5 grandsons, 5 great granddaughters and 1 great grandson.

Joan has always been adventurous and had a love of the outdoors. She went on several week-long wilderness canoe trips in Canada with her daughter. She hiked to the bottom of the Grand Canyon with her family. She also enjoyed cross-country skiing and snowmobiling up north and camping and traveling around the country.

Most importantly, Joan has a heart of gold, always putting others before herself. She has always believed in helping others and continues to do so to this day.

## Employee of the Month April 2024 Crystal Ventre



I have worked at Legacy for over 10 years. It feels like my home away from home.

When I'm not working, I'm busy with my rambunctious kids. Emalynn is 8 and Sean is 5. They keep me on my toes! I enjoy spending time with my husband and kids, reading, and learning new recipes.

### Word Search

### FROM THE GARDEN



D	В	L	E	Т	Т	U	С	E	Α	Ζ	S	Т	B
Т	В	L	Ε	Μ	0	Ν	S	Ν	В	S	Ρ	0	R
L	L	Т	Μ	Ε	S	В	A	S	I	L	Q	Μ	0
L	0	Ν	I	0	Ν	S	N	В	S	Ρ	z	Α	С
в	L	U	Ε	В	E	R	R	Ľ	Е	S	Е	Т	С
0	Ρ	Т	Ρ	Α	R	S	L	Ε	Y	Ρ	L	0	0
R	С	С	E	V	С	н	1	V	Ε	S	X	E	L
Е	Y	F	D	G	Ρ	U	М	Ρ	K	I	Ν	S	1
G	Α	R	L	L	С	Ε	G	G	Ρ	L	Α	Ν	Т
Α	F	С	Q	G	I	N	G	Ε	R	С	S	В	L
Ν	S	Т	R	Α	W	В	E	R	R	I	E	S	U
0	В	Ε	L	L	Ρ	Ε	Ρ	Ρ	E	R	S	Ρ	S
М	V	U	н	E	L	A	V	E	Ν	D	E	R	V
В	z	U	С	С	н	I	Ν	T	Ν	В	S	Ρ	Ρ

Bell Peppers Parsley Ginger Blueberries Strawberries Lettuce Oregano Zucchini Lavender Basil Lemons Eggplant Dill Garlic Limes Onions Chives Pumpkins Tomatoes Broccoli

### Who is your Legacy Angel?

Each year, Jackson Magazine recognizes individuals in the health care field who go above and beyond the call of duty. To nominate a deserving person please visit their website: <u>www.jacksonmagazine.com</u> They accept nominations year-round; the deadline for 2024 is May 31, 2024. Health Care Angels will be announced in the September issue of the magazine.

#### The categories for nominations:

Resident Aides Nurses Dietary Office Staff Volunteers Physical Therapist Physicians Activities Housekeeping Maintenance

We encourage you to nominate someone that deserves it. The person that has made a difference in your life or your loved one. The person that does more than expected, kind and compassionate. Let's make their efforts known. Thank you!

